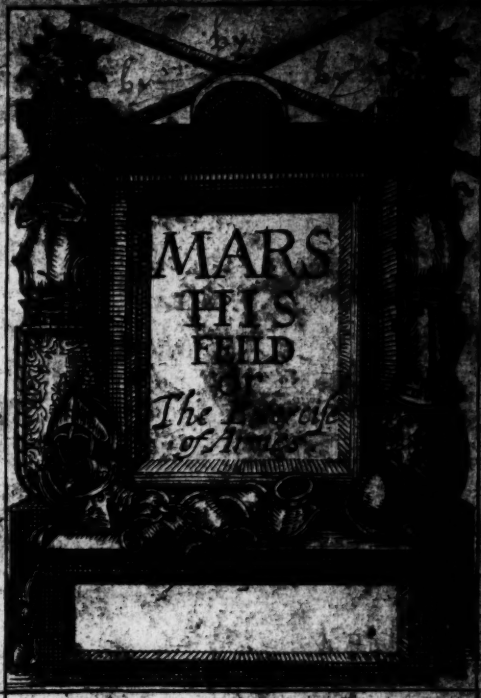


And are to be sold by
Roger Daniell at the
Angell in lombard streete.

EX DONO
Bibl.
Bodl.
R. DOUCE.

THE EXERCISE OF ARMES

WHEREIN LIVELY figures is shewne The Right Use and perfect manner of Handling the Buckler Sword and Pike. with the words of Command and Brefe Instructions correspondent to euery Pasture

In the first is showne how the Soldier standing in Order with his Pike shall carry the Buckler behind on his backe, and plant the Pike against his Right foot his Arme a little bended and his hand about the height of his eyes.

How before the first changing of hold, hauing the Pike in his Right hand he shall souffer it a little to fall against his thumbe, and take it readily with the left hand close vnder the right.

How for his second remoue he must bring the Pike forward with his left hand, taking it backeward with the Right the more commodiously to shoulder the Pike.

How he must carrÿ his Pike sloping that he maÿ march the more readily in close troupe without daunger of hurting his follower with the point of his Pike

How in Marching he must carry his Buckler gracefully and keepe it neere to his Pike and to do that he must change the Posture of his left foot and shaking his left Shoulder, bring the Buckler forward.

How he must hold his left hand betweene the Braſes and Center of his Buckler on the forepart of his bodÿ and againſt ſhoulder the Pike as is ſhowne.

How he shall Port or charge his Pike at three seuerall motions, and in the first he shall take the Pike forward with the left hand standing vpright, the better to cast ouer the Pike.

Hauing Presented the head of the Pike forward he Shall take it at the butt end and let it sinke hand Somely downewards the better to passe throug the Port etc.

How if he will charge he shall hold it well in the Right hand, his arme being stretcht out, setting his left elbowe fast against his hippe

Order yo.r Pike.

Now he shall set downe the Pike at three motions and in the first he shall put downe the but end with his right hand, the easier to raise the point of the same.

How in the second he shall take the Pike as farre as he can easily reach with the right hand aboue the left bringing it downeward.

Flow in the second he shall take the Pike as farre as he can easily reach with the right hand aboue the left bringing it downeward.

Trayle yo.r Pike.

13

How to trayle the Pike he must by Palming handle the same backeward till he shall bring his right hand close to the head of it.

How thus trayling he must hold the Pike neare to the Point right against his girdlestead resting his hand on his hippe, as in the figure appeareth.

William

How he must hold his Buckler ready for his sword bearing it a little from his body that he maÿ trauerse the sword a crosse within his Buckler.

Laÿ downe ÿo^r Pike.

How he must laÿ downe the Pike on the ground at his right foot, that is, he must bend to the same side, that the Pike may fall the more freely without daunger

11.

How he must Stand Vpright with his Buckler in readines, his Pike layd at his right foot expecting further command

How he shall most conuenient-
ly draw his Sword that is he must
hold his Buckler a little from his
body that it may be no hinderance
to the drawing of the same.

How in presenting of his drawne Sword he shall hold the same no higher then his face as appeareth.

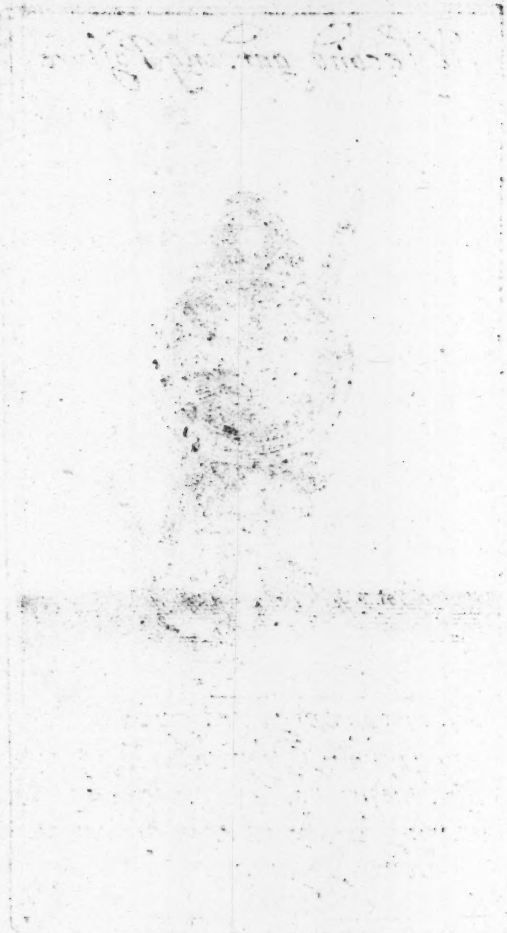
Put yor Sword betweene your Buckler and left Shoulder.

20

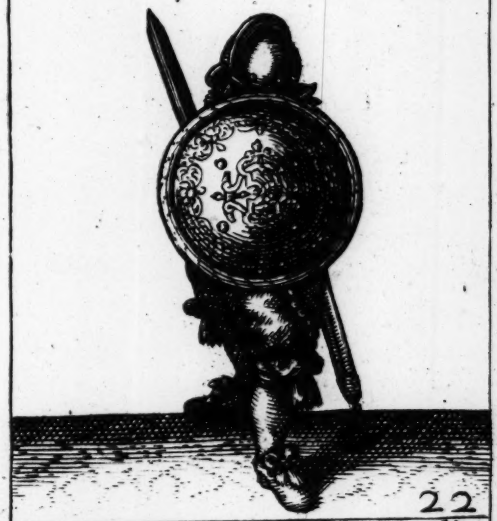
How resting his Buckler against his body and left shoulder he must bring his Sword betweene towards the left shoulder, attending in this posture further Command.

Gard ÿour selfe.

How to gard him selfe before the enemy he must rest his Target against his left thigh and shoulder firme, the hilt of his sword against the verge of his Target inward, and the left brymme of his morion against the inside of his Target to gard his sight and view the enemy.



A Second garding Posture.



22

Here is represented how the Soldier may gard him selfe with his Target against the point of the enemies Pike, bearing his sword as in the precedent figure.

Releeue your Selfe.

23

How standing vpright it will be most expedient for him to set forward his left foot and shoulder that he may rest the Target against his body and that in a free and no enforced posture.

Put vp yor. Sword.

24.

How in sheathing his sword with the right hand he must beare the Buckler backeward on his body, that he may do it without any impediment

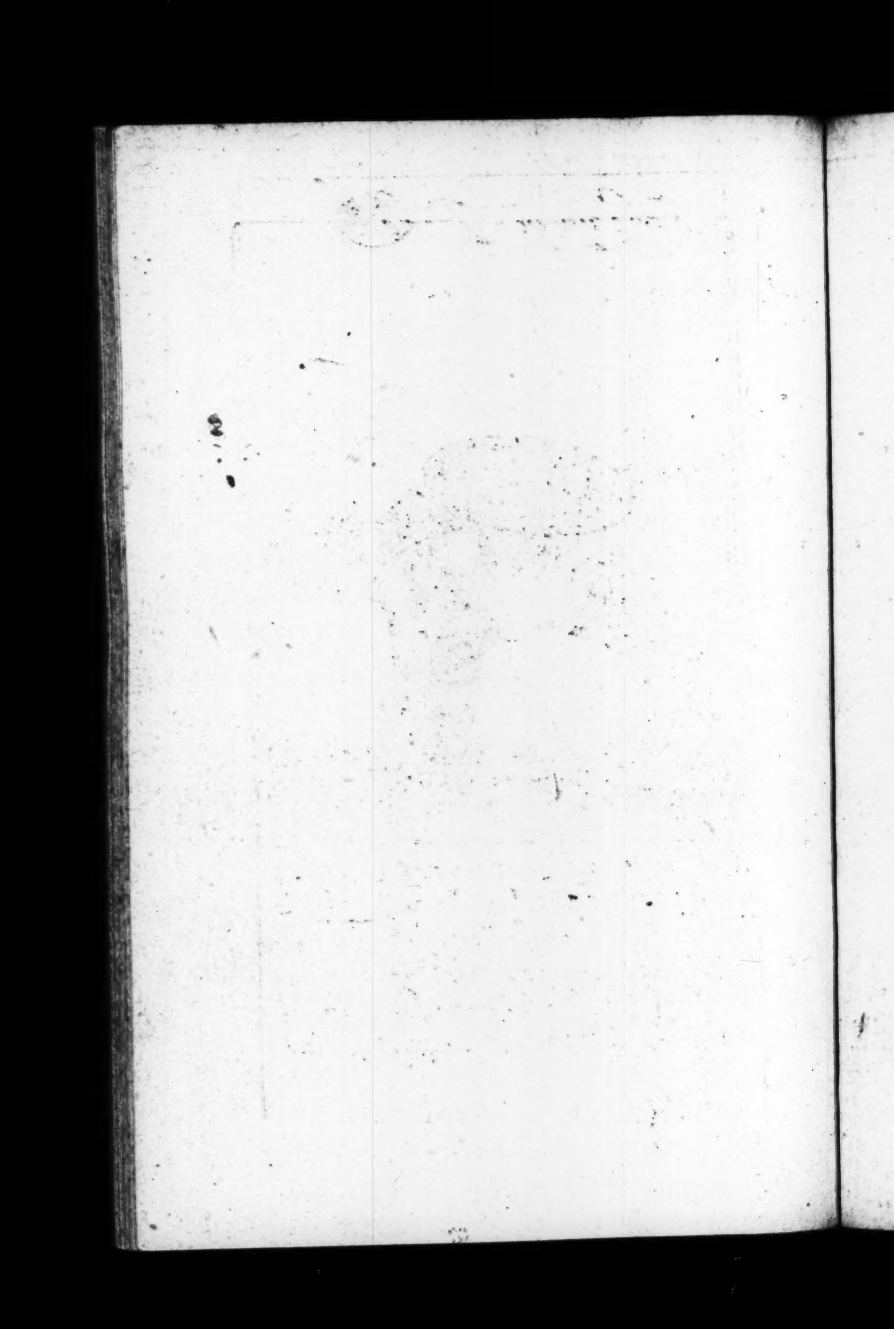
How when he shall draw his armes from out the braces of his Buckler r. shall hold the Buckler firme with his right hand.

Put yo.r Buckler behind yo.r backe.

26.

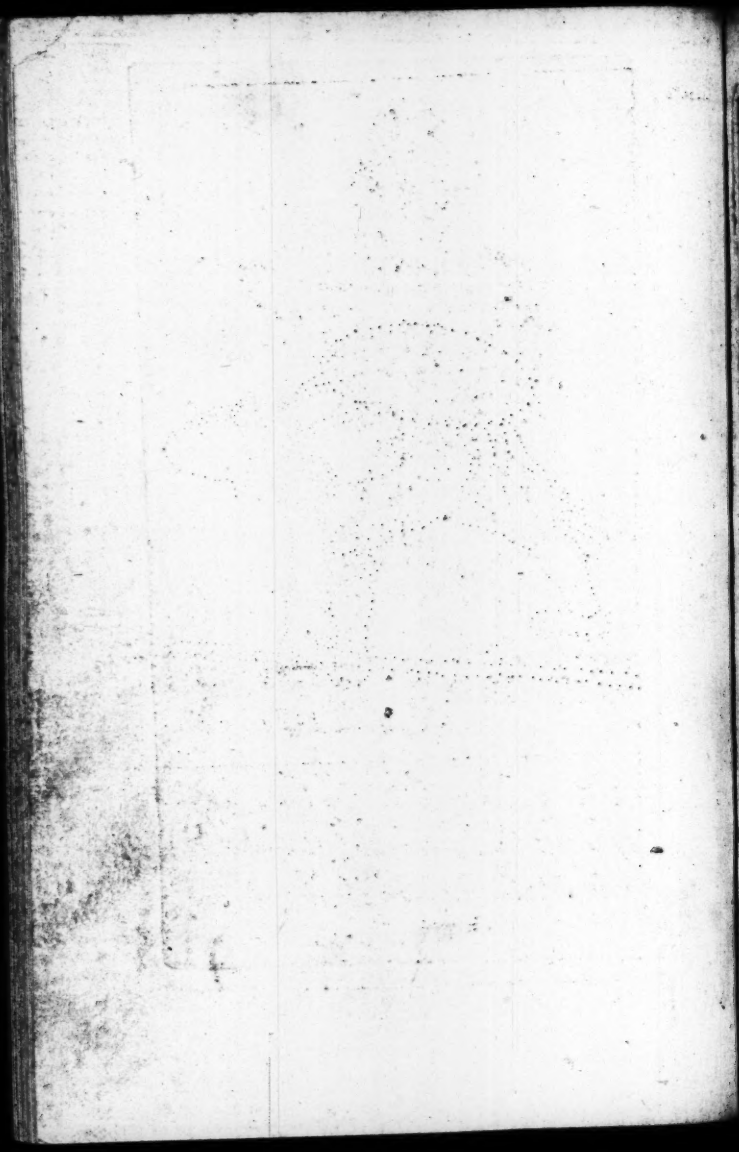
How when he remoues againe the Buckler to his backe, it must be done with his left arme as appeareth in the figure

How the Soldier standing vpright with the Buckler at his backe shall attend further Command.



Take vp yor. Pike.

How he must raise his Pike as high as he can standing firme with his right foot and drawing backe his left, that without forcing he maij bend himselfe sidewayes towards the Pike for the handling it againe.



Here also is represented a Ran
to showe how they maÿ shut their
no waies hindering them) yet so th
quisite place, to the end that e
draw his sword and vse it aga

THE PERFECT MANNER OF HANDLING THE SWORD AND TARGET

Set forth in Liuely FIGVRES with the words of Command and Breife Instructions correspondent to euery Posture.

First in the exercise and vse of the Target is shoune how the Soldier shall assume his due posture, his Target hanging at his backe, attending further Commaund from his Captaine.

How with greatest conveniency he may readily present the Target from his backe before his body, that is Retyring his left legge and shaking his left shoulder he causeth the Target to slippe forward.

3

How he shall make ready his Tar-
get for his sword, that is he shall hold
his Target fast aboue with his right
hand, that he may the more easily
put his hand betweene the Brasse,
and so be redy to draw his sword.

Draw yr. Sword.

4

How he must hold his Target a little distant from his body, that he may (without any impediment draw out his Sword.

How in presenting of his sword he must lift his hand no higher then his face.

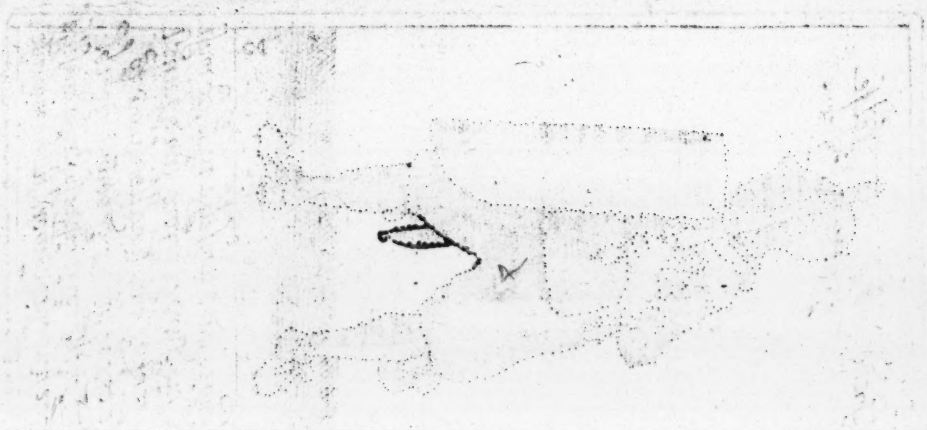
How in holding againe his Target against his body and left shoulder, he must put his sword betweene his Target and forenamed shoulder attending in this posture further command.

How to close his Casquet speedily he must do it with his thumbe and forefinger, yet neuertheles hold his sword fast with the other fingers that he maÿ be presently in readines

How to gard himselfe well, he must hold his Target before him against his left knee and shoulder firme to beare of the shocke or downe right blow and on the right hippe susteine himselfe with the hilt of the sword, till he may vse it.

A Second garding Posture.

How as in the former, he may also gard or couer himselfe, the better to view and endamage the enemij.



A Second garding Posture.

How as in the former, he may also gard or couer himselfe, the better to view and endamage the enemy.

How he maij releiue him-
selfe and stand vpright
as is shoune in the sixt
Posture.

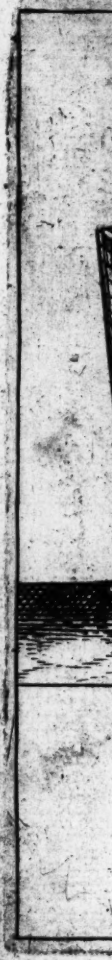
How he shall put the Sword againe into his Scabbard, holding it firme in his right hand, that he may more readily put it vp.

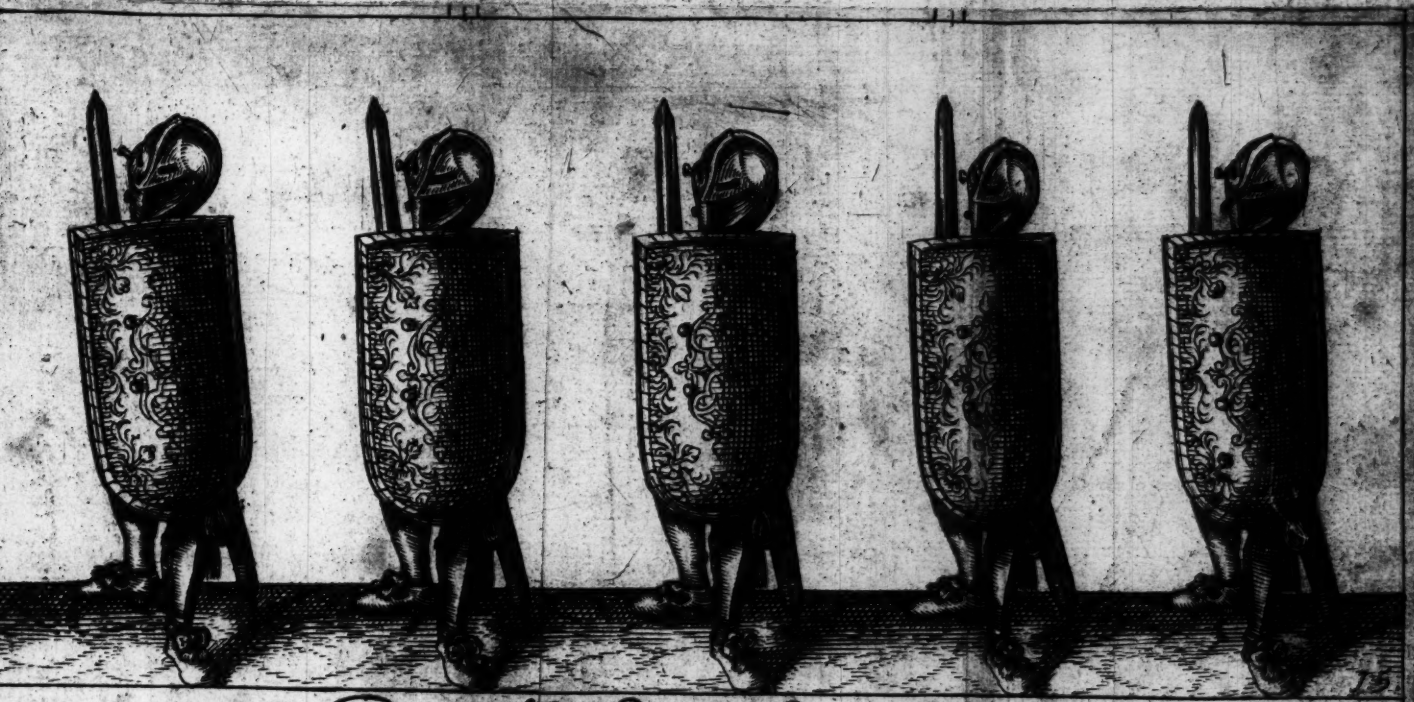
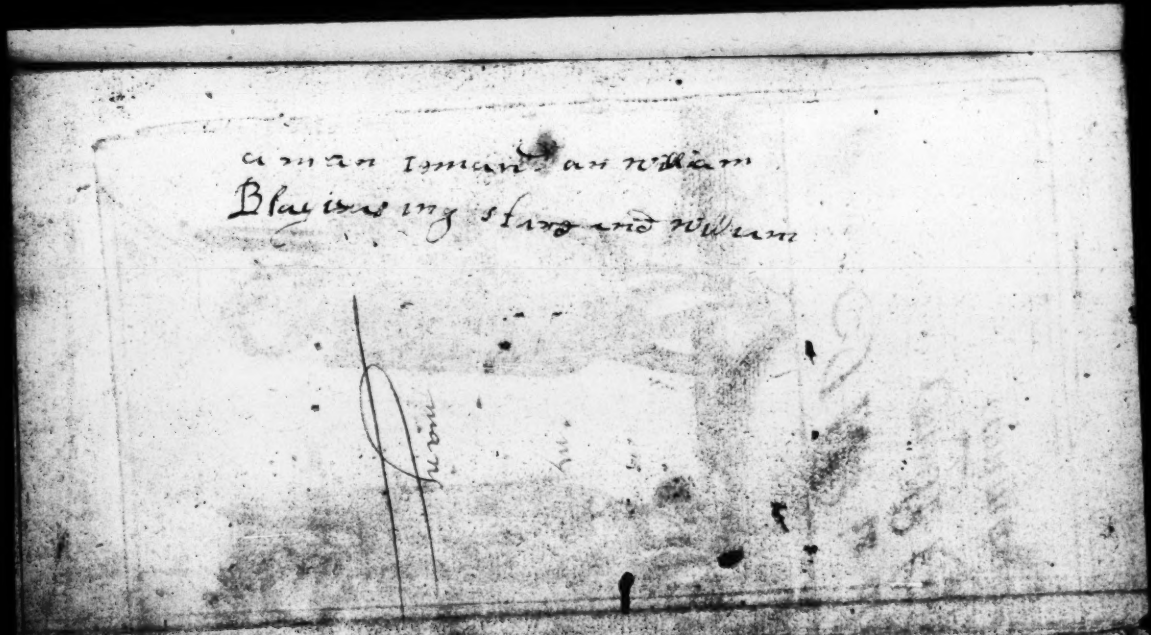
How he shall draw his hand out of the Braſes of the Target, holding it faſt with his right hand as is ſhowne in the third Poſture

Hang againe at your yor Target backe.

13

How the Target shall hang at his backe as is before showne





Here is also shoune how close the Soldier must keepe his Ranke when he is commanded to gard or couer himselfe.